

BOSSLings GO CAMPING

JUNE 21st - 23rd

INDIAN GRINDING ROCK SP

Drop off: 2:00pm on Fri. June 21st at Rez

Pick up: 3:00pm on Sun. June 23rd at Rez

Cost: \$35

RSVP: Kristen at (334) 791-0995 or
Kristen.Kocsis@ctx.edu



PACKING LIST

- Sleeping bag & pillow
- 2-3 sets of clothes that can get dirty (Think mid 90's during the day & low 60's at night)
- Socks
- Pjs
- Jacket and hat
- Towel and Toiletries
- Closed toed shoes that lace up (for hiking)
- Flip flops / Shower shoes
- Bug spray / Sunscreen
- Water bottle
- Sun glasses
- Flashlight (if you have one)
- Med. Release form & Group Covenant
- Money for lunch on way back

WHAT TO EXPECT

Where will we be sleeping?

In tents (Wool!) at Indian Grinding Rock State Park in Sonoma County. We will provide several tents - guys in one, girls in another.

What Adults are going?

Kristen, Bill Dailey, and Terry Ramus

What will we be doing?

- **Having tons of fun (duh!)** - More specifically, we will be hiking, playing games, exploring / hanging out at the beach.
- **Connecting with Jesus** - devotions, journaling, resting in God's beautiful creation, unplugging from the rest of the world.
- **Growing in community** - getting to know one another better, team building activities, hanging out, etc.

Do I need to bring camping gear?

Nope! We will be borrowing our gear as a group (Kristen is taking care of this) so you only need to bring what's listed on the packing list.

How will we cook our food?

We will be cooking our breakfast and dinner over the campfire and propane stove. We will take turns being on dinner prep and clean up duty. We will be making foil packet dinners and breakfast, sandwiches for lunch, and we'll have plenty of snacks.

What if I've never been camping before?

WOOHOO! We are so excited that you will be having your first camping experience with us! We will all help each other! Bill is a boy scout leader and is basically a professional camper, and Terry and Kristen have camping experience as well.

How much luggage should I bring?

Try to keep your luggage down to your sleeping bag and a small duffle bag or backpack.

What are the bathrooms like?

There are restrooms within walking distance of the campsite. There are showers, but they require quarters to make them run.

Should I bring my cell phone?

Kristen will collect all phones before we leave and will return them on the ride home. It is likely that we will not have a cell signal, but we will do our best to check in with parents Friday and Saturday Night.

(TENT)ATIVE SCHEDULE (HAHAHAHAHA!)

Fri

3:00 Arrive at Rez, Pack up, leave
5:00 Arrive / Set up Camp
6:00 Cook and eat dinner
8:00 games / team building
9:00 Campfire devotions

5:00 cook and eat dinner
6:30 games
8:30 campfire devotions

Sat

8:00 Breakfast
9:30 Devotion / worship
11:00 Lunch / hiking / games / General funness

Sun

8:00 Breakfast
9:30 Devo / worship
10:30 Pack up
12:00 Hit the road (lunch on the way)
3:00(ish) Arrive at Rez

GROUP COVENANT

I promise to respect all the people I come into contact with on this trip, using my words and my actions to remind them that they are dearly loved children of God.

I promise to respect and care for other people's property and possessions. This includes the gear we borrow, the cars we ride in, and the belongings of the other people on the trip.

I promise to give my full effort in participating in what we are doing and to spend less time worrying about what comes next.

I promise to prioritize time with Jesus and time with each other over screen time and to stay off of my phone while we are together for car rides, meal times, devotions, and games.

I promise to value and work for my safety and the safety of others. This includes following all park guidelines, sticking with the group, and listening to adults instructions concerning camping/ cooking gear, hiking, etc.

I promise not to bring any weapons, firework, alcohol, or drugs that are not prescribed to me on this trip. I understand that I need to let Kristen know about any prescribed medication I have with me. I understand that if I am caught with any prohibited items, I will have to go home early at my parents' expense.

Student Name & Signature

Date

Parent Name & Signature

Date

Resurrection Ministries Youth Group Consent Form: June 2019-July 2020

Participant's Name: _____ Date of Birth: ____/____/____
Address: _____ City: _____ Zip: _____
Name of parent(s) or guardian(s) _____
Cell: (____) _____ - _____ Work Phone (____) _____ - _____
Other Person to call in Emergency: _____ Relationship: _____
Emergency Contact Phone: (____) _____ - _____ Cell or alternate: (____) _____ - _____

Photo and Video Release

During church activities, photos and videos may be taken for use on Resurrection's Website and Youth Group Social Media Accounts.

Please check one:

- I agree that photographs, images and/or video of my child may be used for any publications, including those prepared for both an internal and external audience.
- NO, I do not want my child's photograph, image or video used in any way.

Medical Release

Please fill out the following questions about the participant's medical history to the best of your knowledge.

Is the participant presently being treated for an injury or sickness or taking any medication? Yes No
If yes, please explain. _____

Does the participant have, or has the participant ever had, any of the following? (Please check all that apply.)

- Asthma Allergic Reactions Heart or Respiratory problems Epileptic Seizures Diabetes
 History of headaches, dizziness, or fainting Any current injuries might limit participation in physical activities

Please explain. _____

Does your youth ever sleepwalk? Yes No Youth's blood type _____ (if known)

Does your youth have a physical handicap or illness that would prevent him or her from participating in normal rigorous activity? Yes No If yes, please explain. _____

Please list any other information that our staff should be aware of for emergency situations, any medical information, or mental conditions that has not been already stated that could effect participation.

Family Doctor: _____ Doctor's Telephone: _____
Insurance Company: _____ Policy Number: _____

I give my child permission to participate in all scheduled youth activities with Resurrection Ministries, and any other supervised activities customarily associated with its youth group. I have filled out this medical release form to the best of my knowledge and hereby authorize the Resurrection Staff and/or it's representatives to authorize medical attention for my child including, but not limited to x-rays, injection, anesthesia, or surgery, in the event of an emergency. I understand that this release/permission form is valid by my signature for all the events for which my child registers for the entire following time period: June 2019 – July 2020. Each participant is responsible for any medical expense and should be covered by their own sickness and accident insurance. I understand that it is my responsibility to inform Resurrection of any changes of status for the items on this form.

Parent or Guardian's Signature: _____ Date: _____